

**RAJEEV GANDHI GOVT. AUTONOMOUS POST GRADUATE COLLEGE,  
AMBIKAPUR**

**UNDER GRADUATE COURSE IN  
PSYCHOLOGY  
(UNDER NEP 2020)**

**BASED ON UGC MODEL CURRICULUM**

**BACHLOR OF ARTS  
PSYCHOLOGY (HONOURS)**

**2023-24**

**SEMESTER I, II, III, IV, V & VI  
(DSC, DSCE, GE & SEC)**

## NATIONAL EDUCATION POLICY-2020

### PROGRAMME OUTCOME FOR B.A. CERTIFICATE/DIPLOMA/DEGREE COURSES

#### The students will be able to demonstrate ability –

1. to understand concept and theory of their respective subject.
2. to express thoughts and ideas effectively in writing and orally.
3. to identify relationship within and across disciplines in the humanities and social sciences.
4. to cognitive and technical skills in their field and in multidisciplinary context.
5. to select and use relevant methods and tools for problem solving .
6. to make judgment and take decisions, based on analysis of data and evidence.
7. to critically evaluate principles and theory of humanities and social sciences .
8. in digital literacy and data analysis.
9. to find a job in their field, exercise responsibilities to job assigned and start up a business .
10. to develop a sense of respect and duty towards constitutional, human and moral and professional values .
11. to Gender sensitivity and adopt gender-neutral approach.
12. to mitigating the effects of environmental degradations, climate change and pollution.









































**RAJIV GANDHI GOVT. POST GRADUATE COLLEGE,  
AMBIKAPUR (C.G.)**

**POST GRADUATE COURSE IN PSYCHOLOGY  
(UNDER SEMESTER SYSTEM)**

**BASED ON CBCS MODEL CURRICULUM**

**MASTER DEGREE**

**IN**

**PSYCHOLOGY**

**SESSION 2023-24**

## **Programme Outcomes**

PO-01 Disciplinary knowledge of Psychology and Psychological thought.

PO-02 Counseling Skills.

PO-03 Communication Skills.

PO-04 Research Related Skills.

PO-05 Disaster Management.

PO-06 Computer Application in Psychology.

PO-07 Psychotherapy.

PO-08 Psychological Statistics.

PO-09 Digital Literacy.

PO-10 Values: Moral, Ethical and Human.

PO-11 Problem Solving.

## **Programme Specific Outcomes**

The students who complete the programme successfully will be able to demonstrate:

PSO-01. an extensive knowledge of the fields of Psychology.

PSO-02. a deep familiarity with counseling techniques & Psychotherapies.

PSO-03. a proper understanding of research methodology.

PSO-04. a life saving techniques through disaster management.

PSO-05. an attitude to life as a set of human and ethical values.

**M.A. IST SEMESTER**

**Course outcome**

Paper-1

A conceptual History of Psychology

After completing the course the students will be able to demonstrate.

CO1 -a comprehensive knowledge of history of Psychology in general and in particular.

CO2-a critical understanding of Psychological thought in the west.ability to understand modern and post modern Psychology.

CO3-a critical inclination to study the essential aspect of all knowledge of Vedas, upnishad,yoga, samkhya and intergal yoga.

CO4- a capacity to compare and contrast of Psychological knowledge paradigms, paradigmatic controversies and contradiction and emerging confluences

CO4- a research tendency to go for innovative studies of science and spirituality.

CO6- a sociological sense of responsibility with traditional and contemporary attempts of major schools of Psychology





## **Course outcome**

### **Paper-second**

#### **Cognition, Neuroscience and Consciousness**

After completing the course the students will be able to demonstrate

CO1- a comprehensive knowledge of cognition, Neuroscience and Consciousness.

CO2- a critical understanding of new discoveries in perceptual psychology, brain chemistry, brain evolution, and theories of consciousness of Erwin, Schrodinger and Upanishads.

CO3- a critical inclination on historical impediments to the emergence of science of consciousness in the West, quantum physics and Consciousness.

CO4- A capacity to compare and contrast outer approach used in cognitive science and inner approach of various meditative traditions.

CO5- ability to develop new paradigm of human cortical information processing with Indian science of consciousness.

CO6- - a research tendency to go for innovative studies toward an adequate epistemology and methodology for consciousness and neuroscience of self.

CO7- a sociological sense of responsibility to stand up with perception and cognition from first principle.

CO8- It includes a complete understanding of mental phenomenon to adjust life with current issues.



## **Course outcome**

### **Paper-Third**

#### **Counseling psychology and skills And related disciplines**

After completing the course the students will able to demonstrate

CO1- a comprehensive knowledge of counseling psychology and it's basic skills, areas of counseling and related with other disciplines particularly in indian context

CO2- a critical understanding of basic counseling skills, specific counseling skills, counseling process for different areas.

CO3- acquiring basic counseling skills , problem identification and relationship (building empathy paraphrasing, silent)

CO4- demonstrating skills of helping clients. students may choose techniques of self talk to relaxation techniques, skills of terminating the counseling relationship.

CO5- develop a research tendency to go for innovative studies of counseling process on specific counseling application and in indian techniques of counseling.

CO6- developing qualities of effective counselors including self awareness, self monitoring.

CO7- helping clients having concerns in life for acting as counsellor in the areas of rehabilitation, crisis , psychiatric and other disciplines.



**M.A.FIRST SEMESTER PSYCHOLOGY**

**COURSE TITLE: - SOCIAL OUTREACH AND INTERNSHIP & ENTREPRENEURSHIP**

**Course Code –PSY - 121**

**Course Type –ECC/CB**

**Course Outcomes:**

- CO 01.** To introduce to the alternative policy approach to address global and local economic environmental problems and to apply market and non-market method for resolving economic environmental problems.
- CO 02.** On completion of the course, the student will be able to identify the various policy alternatives that can be applied to address an environmental problem.
- CO 03.** The student will also be able to use market and non-market methods and apply them to estimate the extent of welfare gain or loss associated with any development and conservation programmes.
- CO 04.** They will also be able to identify factors that determine international cooperation to mitigate global economic environmental problems
- CO 05.** To convert the Jobseekers into Job providers and transform them as active contributors to national economy.
- CO 06.** To create entrepreneurship culture.
- CO 07.** To create self employment
- CO 08.** To create cooperative culture in society



## **COURSE OUTCOME**

### **Paper5- Understanding Disaster management**

CO1- a comprehensive knowledge of disaster, disaster management cycle and role of Psychology in disaster management.

CO2- a critical understanding of disaster ecological and equity perspectives , understanding dynamic post disaster socio economic and political contexts.

CO3- a critical inclination on applied and interdisciplinary field of science and social sciences and comprehensive perspective of reducing harm and healing associated with disaster.

CO4- a research tendency to go for innovative studies of post disaster trauma, disaster management cycle, mitigation, preparation response and recovery.

CO5- it will orient information processing, attitude change, behaviour change towards prevention and psychological first aid in disaster.





## **COURSE OUTCOME**

### **Paper6-Introduction of Health Psychology**

After completing the course the students will able to demonstrate.

CO1-a comprehensive knowledge of nature of health Psychology, stress and coping, health behaviours and factors.

CO2- a critical understanding of mind body relationship relating health Psychology to specific bodily systems like nervous system, endocrine, cardiovascular systems.

CO3-a compare and contrast of theoretical contribution to study stress,coping with stress,role of behaviour in disease and disorder.

CO4- a critical inclination of flight or fight, ethnic and gender differences in health risks and habits.

CO5- a research tendency to go for innovative studies of causes of stress, psychological appraisal and experience of stress attitude change and health behaviours.



## **COURSE OUTCOME**

### **Introduction to yoga Psychology**

#### **Psy A03**

**After completing the course the students will able to demonstrate**

**CO1- A comprehensive knowledge of introduction of yoga,it's origin ,yoga in modern context and fundamentals of yoga Psychology.**

**CO2-a critical understanding of tradition of yoga reframed in the beginning of 21 century.vivekaanands framework of rajyoga, intergal yoga by sir Aurobindo.**

**CO3- a critical inclination of yogic traditions,patanjali yoga sutra, discussion of Psychological ideas of patanjali yoga sutra.**

**CO4- a research tendency to go for innovative studies of yoga and meditation, critique of the existing paradigm of research, revisiting subjectively.**

**CO5- Appreciating the value of practicing yoga in daily life through research evidence and in depth understanding benefits of yoga.**



**Course outcome**

**Applied cognitive psychology**

**Psy A04**

**After completing the course the students will be able to demonstrate**

**CO1- A comprehensive knowledge of nature, scope of cognitive psychology.**

**CO2- a critical understanding of the application of visual and auditory perception in every day life.**

**CO3- compare and contrast effects of biological cycles and drugson cognitive performances**

**CO4- critical inclination of perception and memory improvement.**

**CO5- a research studies on every day memory, emotions, music, sports performance and cognition.**

**CO6- applying the knowledge of cognitive processe to one's own life and to real life issues.**



## **Course outcome**

### **Adolescence, Adulthood and Aging**

#### **PsyAO5**

After completing the course the students will be able to demonstrate

CO1-an ability to understand cognitive and socio emotional development in stages of adolescence, adulthood and Aging

CO2- Developing an ability to identify gender, self, family, peer relationship.

CO3-a critical understanding of adolescence and adulthood in Indian cultural context, cultural beliefs and development.

CO4- a research studies on milestones in diverse domains of human development across life stages, positive youth development, intervention and training for successful aging.

CO5- acquiring an ability to key developmental challenges and issues faced in positive youth development.

CO6- developing a awareness of cognitive regulations, risk behaviours and sense of responsibility towards nation.

CO7- it will provide various techniques and training for successful aging and help in dealing with major life events.





## **Course outcome**

### Introduction to transpersonal Psychology

#### Psy AO6

After completing the course the students will be able to demonstrate

CO1-a comprehensive knowledge of history and evolution of transpersonal perspectives, theories and methodologies

CO2-a critical understanding of confluence of science and transpersonal self expansive.

CO3- compare and contrast consciousness researches of Jung and analytical psychology, integral psychology of Sri Aurobindo, Ken's contribution.

CO4- critical inclination of transpersonal philosophy

CO5- a research studies for transpersonal research, quantitative assessment of transpersonal and spiritual constructs.

CO6- appreciating the unbound potential inherent in human being and the growth one is capable of.

CO7- understanding the research and methodology can help in many assumptions in the young minds about religion, spirituality, soul and spirit.



**M.A. PSYCHOLOGY -IIInd SEMESTER**  
**Course outcome**

**Paper-first**

**Computer applications in Psychology**

After completing the course the students will be able to demonstrate

CO1- a comprehensive knowledge of use of computer software in Psychology, designing experiment and record of data and computer based psychological assessment.

CO2- a critical inclination of virtual psychotherapy, computer assisted counselor training, neuropsychological assessment.

CO3- compare and contrast on effect of computer /internet on mental health

CO4- Develop ability to understand the use of computer in cognitive, industrial, and education Psychology.

CO5- Developing ability to understand artificial intelligence, virtual reality, and computer assisted recruitment and e learning resources.

CO6- a research tendency to go for innovative studies for GPS, Artificial intelligence, using software packages for quantitative and qualitative analysis using SPSS and use of internet resources for Psychology.



## **Course outcome**

### **Paper 2**

#### **Self Psychology in indian and western thought traditions.**

After completing the course the students will able to demonstrate

CO1-a comprehensive knowledge of perspective on study of self in Psychology, historical origins of self.

CO2- a critical understanding of knowledge of perspective on study of self in upnishad, Buddhism, Sufism,and contribution of self by Freud,Jung,winnicot,Rogers and kohit

CO3-a compare and contrast of dialiectics of Indian and western thought of self.contemprory concerns in global context.

CO4-a critical inclination to examine.the indian perspective of self.

CO5- Evaluate the contributions of intergal perspective of self.

CO6- understanding about the new vision of self.



## **Course outcome**

### **Paper-Third**

#### **Psychiatric perspective on Disaster Trauma**

After completing the course the students will be able to demonstrate

CO1- a comprehensive knowledge of psychiatric perspective on Disaster Trauma

CO2- a critical understanding of biomedical and psychosocial model of disaster trauma.

CO3- Ability to understand diagnostic category of post traumatic stress.

CO4- a critical evaluation of post traumatic disorder and psychiatric perspective.

CO5- a compare and contrast studies of psychiatric and cultural perspective on trauma and survivors rehabilitation.

CO6- a research studies for cross cultural diagnostic category for intense trauma.

CO7- apply the knowledge of disaster trauma on rehabilitation and helpful for disaster management.





## **Course outcome**

### **Paper**

#### **PsyBO1-Yoga based self development education, therapy, OB and Community.**

After completing the course the students will able to demonstrate

CO1a comprehensive knowledge of intergal yoga based self development therapies and counseling

CO2Ability to develop knowledge of intergal education as their as an instrument for the soul to express itself in work.

CO3-A critical appraisal of the implici courriculam in present day schooling and the consequences of misguided attempts at inculcating values.

CO4-develop educating the mind's role,limits and Potentials.

CO5- compare and contrast aspects ofBBT client center in intergal indian psychotherapy,body and Psych education and spiritual education

CO6- ability to develop knowledge of nature types and purposes of organisational behaviour.

CO7-Develop attitude of maitri,karuna,mudiya and apeksha in relationship at work.

CO8-a research tendency to go for innovative studies of yoga based development of of self, creatvie thinking, problem solving ability in interpersonal and group process.

CO9- a sense of leadership for the spiritual development of the organization,develop view of life and work and develop individual as corporate social responsibility of love and oneness.

## PO CO MAPPING

### M.A (PSYCHOLOGY) - 2ND SEMESTER

**COURSE TITLE: - Yoga based self development, Education, Therapy, OB & Community work**

	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11
CO 1	✓										
CO 2	✓										
CO 3			✓								
CO 4		✓									
CO 5			✓								
CO 6											
CO 7				✓							
CO 8									✓		

## **Course outcome**

### **Paper**

#### **PsyBO2- Positive emotions and Health Psychology**

After completing the course the students will able to demonstrate

CO1-a comprehensive knowledge of history and background of positive emotions, positive aspects of human existence and positive emotions on individual on perspective.

CO2- a critical understanding myths of happiness.

CO3- Ability.to understanding emotional intelligence and well-being.

CO4-Able to locate diversity in the experiences of happiness with different views.

CO5- Being able to identify the key virtues of positive emotions which facilitates positive emotions.

CO6- develop ability to identify positive emotions, health beliefs system and life style on indian perspective.

CO7- able to do research on clinical application of positive psychotherapy.

CO8-Develop chracy strength with key knowledge of happiness and life satisfaction.

## **PO CO MAPPING**



## Course outcome

### BO3-Social Psychology perspectives

After completing the course the students will be able to demonstrate

CO1-a comprehensive knowledge of brief history key issues and theoretical concepts of social psychology.

CO2-a critical understanding of theories of intergroup relations, criminal group, social identity theory, realistic theory.

CO3- Developing insight about social influence and ability to respond to social situations.

CO4- Ability to view social perspective, attitude and its change with cultural context.

CO5- Ability to identify aggression and ways to manage aggression.

CO6- a research tendency to go for innovative in social psychological perspectives, challenges of societal development through use of experimental and correlation method

CO7- Ability to facilitate wellbeing and self growth in diverse cultural and socio-political context. developing insight into one's own behaviour.



## **Course outcome**

### **BO4-Aspects of yoga, physiological and ethical**

After completing the course the students will be able to demonstrate

CO1-a comprehensive knowledge of yoga with philosophical and ethical aspects.

CO2-Ability to get knowledge of psycho physiological of asana and pranayama.

CO3- develop understanding.the indication and contraindications in teaching asana and pranayama.

CO4-developing adequate knowledge about promoting healthy lifestyle.

CO5-appreciating the value of.practising yoga in daily life through research evidence of ethics and life style disorders.

CO6- developing the self determined ethical practices for social adjustment for transcendence and for emotional regulations.





## **Course outcome**

### **Psy BO5 Psychometric statistics**

After completing the course the students will be able to demonstrate

CO1-a comprehensive knowledge of nature of data distribution, types, variables, probability distribution and normal curve, SD, t-score, correlation coefficient.

CO2-Develop a critical understanding of significance testing in Psychology.

CO3-understand the importance of statistics in psychological research.

CO4-develop ability of usefulness of different parametric and non parametric statistical tools in analyzing psychological data.



## Course outcome

Psy BO6-Forensic psychology study of criminal behaviour.

After completing the course the students will be able to demonstrate

CO1-To orient the knowledge of criminal and forensic psychology along with understanding crime from psychological perspectives.

CO2-To impart the knowledge of Psychological impacts the knowledge of violence and sexual offences.

CO3-Ability to understand occupational stress in police investigation.

CO4-Developing a knowledge about the process for geographical profiling.

CO5- understanding the roles of psychology in legal rights of inmates.

CO6- demonstrating working knowledge of forensic reports and psychological consultancy in forensic settings.



**M.A (PSYCHOLOGY) 3RD SEMESTER**

**Course outcome**

**III Semester**

Paper I Introduction to clinical Psychology

Course Code: psy 301 ccc

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After completing the course the students will able to demonstrate:-

CO 1- a comprehensive knowledge of the clinical Psychology in defenses , regression, measure approaches, clinical assessment etc.

CO 2- a critical understanding of the theories and historical roots.

CO 3- a capacity to compare and contrast of the different areas of applications i.e Intellectual and educational, personality and interpersonal, behavioural and psycho-diagnostic.

CO 4- a critical inclination to four psychoanalytic psychologies drive, ego, object relations & self Psychology.

CO 5- a research tendency to go for innovative technique of clinical approach.

CO 6- a social humanity sense of responsibility to stand up against unjust human tendencies.

CO 7- to orient Students to major theoretical models which guide clinical psychological practice and research



## **COURSE OUTCOME**

### **Paper II Psychopathology**

Psy 302. CCC

CO-1 a comprehensive knowledge of the DSM v and ICD 10 and major theoretical models of Psychopathology and different types of disorders etc.

CO-2 a critical understanding of the basic features of DSM-V & ICD-10 similarities, differences and critical evaluation.

CO-3 a capacity to compare and contrast of the diagnosis of various psychiatric disorders.

CO-4 a critical inclination to various disorders i.e mood, anxiety, behavioural syndromes, psychotic spectrum disorders, disorder of infancy, childhood and adolescence.

CO-5 a research tendency to go for innovative studies of clinical aspects.

CO-6 a psycho-social sense of responsibility to stand up against unjust human tendencies.

CO-7 to develop understanding of the various manifestation of Psychopathology.





## **COURSE OUTCOME**

### **Paper III Post Disaster Psycho Social Rehabilitation**

Psy.303. Type: CCC

After completing the course the students will be able to demonstrate:

CO 01- a comprehensive knowledge of the theory and practice of psychiatric treatment including psychotherapy as well as healing through cultural beliefs and symbols and human relationships.

CO 02- a critical understanding of the culture- sensitive psycho-social rehabilitation.

CO 03- a capacity to compare and contrast of the different types of therapies and treatment.

CO 04- a critical inclination to culture, community and relationship in post disaster healing.

CO 05- a research tendency to go for innovative studies of integrating psychotherapy and cultural healing.

CO 06- a psycho- social sense of responsibility to ways to integrate community and personal resources for psycho-social rehabilitation.

CO 07- to make Students understand the basics of psycho-social rehabilitation in the aftermath of natural and human-made disasters.



**COURSE OUTCOME**  
**PAPER-4**  
**THIRD SEMESTER**  
**INTELLECTUAL PROPERTY RIGHTS**

After completing the course the students will be able to demonstrate:

- CO1-** the concept of the course ,students will be able to understand.
- CO2-** distinguish and explain various forms of I.P.R.
- CO3-** identify criteria's to fit ones own intellectual work in particular forms Of I.P.R.
- CO4-** apply statutory provisions to protect particular forms of I.P.R.
- CO5-** apply the concept and forms of I.P.R. in research field.



## **COURSE OUTCOME**

Positive Psychology

Psy- C01. ECC/CB

After completing the course the students will be able to demonstrate :

CO 1- a comprehensive knowledge of the positive Psychology perspective on illness and health.

CO 2- a critical understanding of the counseling Psychology and positive Psychology.

CO 3- a capacity to compare and contrast of the Psychological and relational resources in the experience of disability and caregiving.

CO 4- a critical inclination to the interface between positive Psychology and social work in theory and practice.

CO 5- a research tendency to go for innovative studies of positive Psychology in the consulting room.

CO 6- a Socio-human sense of responsibility building- recovery- oriented service systems through positive Psychology.

CO 7- to facilitating forgiveness using group and community interventions.



## **COURSE OUTCOME**

Aspects of Yoga: Psychological & Spiritual  
Psy C02 - ECC/ CB

After completing the course the students will be able to demonstrate:

CO 1- a comprehensive knowledge of the dharna and dhyana application of yoga in mental health models of transformation through yoga etc.

CO 2- a critical understanding of the Psychological knowledge within yoga and meditation.

CO 3- a capacity to compare and contrast of the different meditation techniques.

CO 4- a critical inclination to yoga & meditation linking with the idea of mental health and well being.

CO 5- a research tendency to go for innovative studies of yoga, meditation & mental health.

CO 6- a psycho- spiritual sense of responsibility of yoga meditation practice.

CO 7- to deepen the practice of yoga and meditation systems and link to applications in several contexts.





## **COURSE OUTCOME**

### **Spirituality and Human Development Psy CO3.      ECC/CB**

After completing the course the students will be able to demonstrate:

CO 1- a comprehensive knowledge of the practical applications of spiritual development in childhood, adolescence, youth and adulthood etc

CO 2- a critical understanding of the resilience and spirituality in youth.

CO 3- a capacity to compare and contrast of the religion, physical health & spirituality.

CO 4- a critical inclination of the cognitive and narrative perspectives on change and development.

CO 5- a research tendency to go for issues in adult development research.

CO 6- a spiritual sense of responsibility to human development ( in childhood, adulthood, youth).

CO 7- to develop insights about human development as spiritual growth.



## **COURSE OUTCOME**

Health Psychology: The patient in treatment setting.

C04- ECC/CB

After completing the course the students will able to demonstrate:-

CO 1- a comprehensive knowledge of the health assessment and management considering various scales and check lists.

CO 2- a critical understanding of the health promotion strategies, Psychological intervention, lifestyle modification techniques, utility of relaxation and biofeedback method.

CO 3- a capacity to compare and contrast of the different health assessments and pain management.

CO 4- a critical inclination of the using services for emotional disturbances.

CO 5- a research tendency to develop different Psychological scales for diagnos and recognition of Problems.

CO 6- a psycho-social sense of responsibility to using health services.

CO 7- to help students understand pain and it's management better & to consider the patient's perspective and the usage of health services.



## **COURSE OUTCOME**

### Psychometrics Experimental Designs

#### CO 5. ECC/CB

After completing the course the students will able to demonstrate:-

CO 1- a comprehensive knowledge of the different experimental designs and statistical methods.

CO 2- a critical understanding of the conceptual foundations of experimental designs ie. John Stuart Mill and foundation of experimental research, Wilhelm Wundt and the experiment in Psychology etc.

CO 3- a capacity to compare and contrast of the different research designs ie. designs without repeated measures and special designs.

CO 4- a critical inclination to usefulness of different methods to analyze Psychological data.

CO 5- a research tendency of analysis of different statistical methods.

CO 6- a research sense of responsibility to use suitable statistics & careful analysis in research.

CO 7- to understand the statistical rigorous in designing research and processing data.



## **COURSE OUTCOME**

### **Tribal Studies Psy CO 6.**

After completing the course the students will be able to demonstrate:-

CO 1- a comprehensive knowledge of the scheduled tribes in India, some major tribes in India: Santhal, Khasi, Munda, Bhills, some major tribes in central India: Gond, Baiga, Bharia, Korkus.

CO 2- a critical understanding of the culture of different tribes.

CO 3- a capacity to compare and contrast of the some major tribes in India. Santhal, Khasi, Munda, Bhills. Some major tribes in central India. Gond, Baiga, Bharia, Korkus.

CO 4- a critical inclination to replacement & rehabilitation of tribal population.

CO 5- a research tendency to go for innovative studies of problem of health and sanitation & role of NGO'S in tribal development.

CO 6- a psycho-social sense of responsibility to positive attitude towards tribals.

CO 7- to know culture, health & sanitation Problems, welfare schemes etc. about tribals.





**COURSE OUTCOME**  
**IV Semester**

**Paper I Psychotherapy**  
Psy 401. CCC

After completing the course the students will able to demonstrate:-

CO 1- a comprehensive knowledge of the theories & techniques of major psychotherapy approaches.

CO 2- a critical understanding of the different modes of therapy.

CO 3- a capacity to compare and contrast of the psychodynamic, humanistic & transpersonal and behavioural & cognitive behavioral therapies.

CO 4- a critical / controversial issues in Psychotherapy.

CO 5- a research tendency to go for innovative studies of technique for Psychotherapy.

CO 6- a psycho-sociological sense of responsibility to give awareness in general people about psychotherapy.

CO 7- to develop an appreciation for the importance of Psychotherapy research.



## **COURSE OUTCOME**

II paper  
Neurobiological Assessment  
402. - CCC

After completing the course the students will be able to demonstrate:-

CO 1- a comprehensive knowledge of the basic concepts, tools and techniques of Neurobiological Assessment and Rehabilitation.

CO 2- a critical understanding of the Neuropsychological Rehabilitation Assessment.

CO 3- a capacity to compare and contrast of the Halstead Reitan Neuropsychological test battery and Luria -Nebraska Neuropsychological test battery.

CO 4- a critical inclination to Neuropsychological Assessment in India.

CO 5- a research tendency to go for Neuropsychological Studies.

CO 6- to develop skills for behavioural diagnosis, classification and assessment of Neurobiological Assessment.



## COURSE OUTCOME

Paper III Disaster Management- Relief, Rehabilitation & Reconstruction  
Psy 403. - CCC

After completing the course the students will able to demonstrate:

CO 1- a comprehensive knowledge to analysis and execute the operational aspects of assessing, planning and implementing the management plans during the disasters emergency and post disaster Rehabilitation and reconstruction phase.

CO 2- a critical understanding of the funding arrangement for reconstruction.

CO 3- a capacity to compare and contrast of the role of various agencies in disaster management and development.

CO 4- a critical inclination of psycho-social support and mental health services with a special focus on natural disaster like Tsunami & Earthquake.

CO 5- a research tendency to go for innovative studies of dealing with victims Psychology.

CO 6- a psycho-social sense of responsibility to stand up against unjust human tendencies.

CO 7- to develop tendency of post disaster rehabilitation & relief.



## **COURSE OUTCOME**

Bhakti Yoga- Emotions and Transformation of Person hood  
Psy- D01.      ECC/ CB

After completing the course the students will able to demonstrate:

CO 1- a comprehensive knowledge of the theory of Bhakti rasa as transformation of person hood through emotion.

CO 2- a critical understanding of the early theory of rasas the eight rasas and the later theory of rasa as a Bhakti.

CO 3- a capacity to compare and contrast of Bhakti as Yoga and as rasa.

CO 4- a critical inclination to emotional awareness and regulation through extent therapy and counseling practices and gaps.

CO 5- a research tendency to go for innovative studies on empathy, meditation and compassion, including linkage with Buddhist meditation practice.

CO 6- a spiritual sense of responsibility.

CO 7- to develop perspective on emotional transformation as applied in the Indian context and its unique role in nurturing excellence and creativity in educational and organizational contexts.





## **COURSE OUTCOME**

Health Psychology: Management of Illness  
DO2 ECC/CB

After completing the course the students will be able to demonstrate:

CO 1- a comprehensive knowledge of the management of chronic and terminal illnesses like AIDS, Cancer and cardiovascular diseases.

CO 2- a critical understanding of the reproductive health and its components; risk behavior.

CO 3- a capacity to compare and contrast of the AIDS and Cancer and cardiovascular disease.

CO 4- a critical inclination to the immune system assessing immunocompetence and immune functioning.

CO 5- a research tendency to go for innovative studies of psycho-social impact of AIDS.

**CO 6- a psycho- social sense of responsibility to give awareness**



## **COURSE OUTCOME**

Positive Psychology in day to day living.

D03.

ECC/CB

After completing the course the students will able to demonstrate:

CO 1- a comprehensive knowledge of gain a perspective on the values and choices related to good life and understand the dynamic of pursuing happy life.

CO 2- a critical understanding of applied positive Psychology in the disciplinary matrix.

CO 3- a capacity to compare and contrast of the good life - values and choices pursuit of happiness and well-being and life style practices for health and well-being.

CO 4- a critical inclination to self determination theory and healthy self regulation.( positive psychology and life coaching )

CO 5- a research tendency to go for innovative studies of prospects, practices and prescriptions for pursuit of happiness.

CO 6- to give awareness about values and well being balancing time and optional functioning.

CO 7- apply the principles of positive psychology for developing good life style.



## **COURSE OUTCOME**

The science of Psychological Assessment  
D04. ECC/CB

After completing the course the students will be able to demonstrate:

CO 1- a comprehensive knowledge of the psychological assessment.

CO 2- a critical understanding of the measurement issues and techniques in psychological inquiry.

CO 3- a capacity to compare and contrast of the perspectives on psychometrics, process of test construction. Standardization of tests and bias in testing and assessment.

CO 4- a critical inclination to study the theory of true scores.  
Psychological vs physical true score.

CO 5- a research tendency to for innovative studies of process of test construction in light of latest research insight.

CO 6- to develop skills and competencies in test construction and standardization and understand the various biases in Psychological testing and assessment.



## **COURSE OUTCOME**

### Transformation, Healing and Wellness

After completing the course the students will be able to demonstrate:

CO 1- a comprehensive knowledge of basic principles of understanding illnesses and health from transpersonal perspectives and will learn about therapy and healing rooted in them.

CO 2- a critical understanding of the transpersonal perspectives on therapy.

CO 3- a capacity to compare and contrast of the different scientific therapeutic approaches.

CO 4- a critical inclination to study therapeutic approaches as a spiritual healing.

CO 5- a research tendency to go for innovative studies of transformation healing and wellness in light of latest research insight.

CO 6- humans can undergo transformative experience that have healing potential.





## **COURSE OUTCOME**

### **Psychological Distress and Counseling in Educational Settings. D06. - ECC/CB**

After completing the course the students will be able to demonstrate:

CO 1- a comprehensive knowledge of the psychological vulnerabilities and distress in educational settings.

CO 2- a critical understanding of the nature of the counseling process and its complexities as grounded in the dialogue between person-centred, psychodynamic approaches and transpersonal / integral theories.

CO 3- a capacity to compare and contrast of the childhood disorder and counseling, schooling, mental health and society, educational future and career counseling.

CO 4- a critical overview of International classification of childhood disorders.

CO 5- a research tendency to go for innovative studies of counseling process in light of latest research insight.

CO 6- a psycho-sociological sense of responsibility to schooling mental health and society.

CO 7- to understand the Social and political contexts in which debates around schooling, mental health and emotional well-being are conducted.





**RAJEEV GANDHI GOVT. POST GRADUATE COLLEGE, AMBIKAPUR**  
**DEPARTMENT OF PSYCHOLOGY**  
**RELEVANCE**

Course code	Course Title	Description	Relevance			
			LOCAL	REGIONAL	NATIONAL	GLOBAL
B.A I YEAR/B.A.I SEM.CBCS (UD18)	<b>Basic Psychological Processes</b>	<ul style="list-style-type: none"> <li>•Goals of Psychology, Methods, Emotion, Perception and Attention, Learning, Memory, Forgetting process.</li> <li>•Thinking process, Personality: Nature and Determinants</li> </ul>	✓	✓	✓	✓
B.A I YEAR/B.A.II SEM.CBCS (UD18)	<b>Psychopathology</b>	<ul style="list-style-type: none"> <li>•The concept of Normality and Abnormality, Assessment of Psychopathology ,</li> <li>•Management of Psychopathology: Stress Management</li> </ul>	✓	✓	✓	✓
B.A II YEAR/B.A.III SEM.CBCS (UD18)	<b>Social Psychology</b>	<ul style="list-style-type: none"> <li>•Impression Formation, Prosocial Behavior: Co-operation and Helping, Stereotypes and Prejudice. •Social Facilitation, Conformity, Cohesiveness, Group Norms: Leadership .</li> <li>•Social Issues: Aggression and Pollution.</li> </ul>	✓	✓	✓	✓
B.A II YEAR/B.A.IV SEM.CBCS (UD18)	<b>Psychological Assessment</b>	<ul style="list-style-type: none"> <li>•Psychological Test .</li> <li>•Uses of Psychological Test.</li> <li>•Steps in Test Construction</li> </ul>	✓	✓	✓	✓

B.A III YEAR/B.A.V SEM.CBCS (UD18)	<b>Psychological Statistics</b>	<ul style="list-style-type: none"> <li>•Meaning and Application in Psychology, Frequency Distribution ,Central Tendency .</li> <li>•Measures of Variability Normal Probability Curve, Correlation, Concept of Null Hypothesis and Distribution- free statistics.</li> </ul>	✓	✓	✓	✓
B.A III YEAR/B.A.IV SEM.CBCS (UD18)	<b>Human Development</b>	<ul style="list-style-type: none"> <li>•Theories of Human Development , Determinants of Human Development.</li> <li>•Role of Family , Sequential Development of •Emotions. Role of Marriage,Family and Occupation in Human Development</li> </ul>	✓	✓	✓	✓
DSC PSYCHOLOGY-I Sem.	<b>General Psychology- I</b>	<ul style="list-style-type: none"> <li>•Nature,files and application of psychology and Cognitive process.</li> <li>• Theories of personality</li> <li>•Theories of intelligence and Emotional intelligence</li> <li>•Schools of psychology</li> </ul>	✓	✓	✓	✓
B.Sc./B.C.A -I Sem. GE Psychology-I	<b>INTRODUCTION OF PSYCHOLOGY-I</b>	<ul style="list-style-type: none"> <li>•Nature and scope of Psychology</li> <li>•Biological bases of behavior; Neurons CNS,ANS</li> <li>•Sensation ,Perception,Attention</li> <li>•Learning and motivation</li> </ul>	✓	✓	✓	✓
DSC PSYCHOLOGY-II Sem.	<b>General Psychology- II</b>	<ul style="list-style-type: none"> <li>•Perception:Meaning and nature</li> <li>•Theories of Learning</li> <li>•Personality; Determinants and types of Personality</li> <li>•Theories of Emotion</li> </ul>	✓	✓	✓	✓

B.Sc./B.C.A -II Sem.GE PSYCHOLOGY-II SEM	<b>INTRODUCTION OF PSYCHOLOGY –II</b>	<ul style="list-style-type: none"> <li>•Intelligence: Concept ,Nature , types and types</li> <li>    •Memory</li> <li>    •Personality</li> </ul>	✓	✓	✓	✓
B.A.SEC Psychology-II SEM	<b>Psychological Counselling</b>	<ul style="list-style-type: none"> <li>•Meaning &amp; goal of Counselling and stages</li> <li>•Areas <ul style="list-style-type: none"> <li>•Approaches</li> <li>•Models of Counselling Skills</li> </ul> </li> </ul>	✓	✓	✓	✓
DSC PSYCHOLOGY-III Sem.	<b>Social Psychology</b>	<ul style="list-style-type: none"> <li>•Definition and nature of Social Psychology and Method <ul style="list-style-type: none"> <li>•Stereotypes</li> <li>•Social facilitation</li> </ul> </li> <li>and social Conformity</li> <li>Prosocial Behaviour</li> </ul>	✓	✓	✓	✓
DSEC PSYCHOLOGY B.A.III Sem.	<b>Individual Psychology</b>	<ul style="list-style-type: none"> <li>•Personality: Nature of personality</li> <li>•Intelligence:Concept of intelligence</li> <li>•Enhancing individual's potential: Motivation</li> </ul>	✓	✓	✓	✓
DSC PSYCHOLOGY B.A.IV Sem.	<b>Psychopathology</b>	<ul style="list-style-type: none"> <li>•The concept of Normality</li> <li>•Mood Disorders</li> <li>•Stress Management</li> </ul>	✓	✓	✓	✓
DSCE PSYCHOLOGY- IV SEM	<b>POSSITIVE PSYCHOLOGY IN DAY TO DAY LIVING</b>	<ul style="list-style-type: none"> <li>• Applied positive psychology</li> <li>•Good life-values and choices</li> <li>•Lifestyle practices for health and well-being</li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>A CONCEPTUAL HISTORY OF PSYCHOLOGY</b>	<ul style="list-style-type: none"> <li>•Introduction to psychological thought in major Indian systems.</li> <li>•Academic psychology in India.</li> <li>•Psychological thought in the West.</li> <li>•Three essential aspects of all knowledge paradigms. <ul style="list-style-type: none"> <li>•Science and spirituality .</li> <li>•Ken Wilber’s Integral psychology.</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>Cognition, Neuroscience, and Consciousness</b>	<ul style="list-style-type: none"> <li>•The outer approach used in cognitive science</li> <li>•various meditative traditions <ul style="list-style-type: none"> <li>•Advaita and Madhyamika view</li> <li>•brain-chemistry</li> <li>•cultural anthropology</li> <li>•Current theories of consciousness</li> </ul> </li> <li>•The indic science of consciousness</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>COUNSELING PSYCHOLOGY: SKILLS,AREAS AND RELATED</b>	<ul style="list-style-type: none"> <li>•Basic Counseling Skills</li> <li>•Structuring the counseling process</li> <li>•Counseling for personal and adjustment problems.</li> <li>•Educational counseling.</li> <li>• Vocational guidance and career counseling.</li> <li>•Family and marital counseling</li> <li>•Counseling in Indian context</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>PSYCHOLOGICAL ASSESSMENT (PRACTICUM</b>	<ul style="list-style-type: none"> <li>•ASSESSMENT OF PERSONALITY &amp; OTHER RELATED SCALES</li> <li>•ASSESSMENT OF CLINICAL ASPECT OF PERSONALITY</li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>ADVANCE COUNSELING SKILLS (PRACTICUM)</b>	<ul style="list-style-type: none"> <li>•Advance Counseling Skills</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>UNDERSTANDING DISASTER MANAGEMENT</b>	<ul style="list-style-type: none"> <li>•Disaster: Definition, debates and controversies</li> <li>•Types of disaster</li> <li>•Disaster management cycle <ul style="list-style-type: none"> <li>•Role of psychology in disaster management</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>Introduction to Health Psychology</b>	<ul style="list-style-type: none"> <li>•Nature of health psychology</li> <li>•The mind body relationship</li> <li>• Relating health psychology to specific bodily systems <ul style="list-style-type: none"> <li>•Stress</li> </ul> </li> <li>and coping</li> <li>•Health behaviours</li> <li>•Factors of health behaviours</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>Introduction to Yoga Psychology</b>	<ul style="list-style-type: none"> <li>•Yoga <ul style="list-style-type: none"> <li>•Yoga in modern context</li> <li>•Fundamental text of yoga psychology</li> <li>•Contemporary research on yoga and meditation</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>Applied Cognitive Psychology</b>	<ul style="list-style-type: none"> <li>•Introduction to applied cognitive psychology</li> <li>•Effects of biological cycles and drugs on cognitive performance <ul style="list-style-type: none"> <li>•Emotion, music, and sports performance and cognition.</li> </ul> </li> </ul>	✓	✓	✓	✓



M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>Adolescence, Adulthood and Aging</b>	<ul style="list-style-type: none"> <li>•Cognitive and socio-emotional development</li> <li>•Adolescence and adulthood in Indian cultural context, cultural beliefs and development</li> <li>•Civic duty and citizenship, and positive youth development</li> <li>•Aging</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 1ST SEMESTER	<b>Introduction to Transpersonal Psychology</b>	<ul style="list-style-type: none"> <li>•Traditional roots, history, and evolution of the transpersonal perspective</li> <li>•Transpersonal Theory - 1</li> <li>•Transpersonal Theory - 2</li> <li>•Transpersonal Research Methodologies</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>COMPUTER APPLICATIONS IN PSYCHOLOGY</b>	<ul style="list-style-type: none"> <li>•Use of computer software in psychology</li> <li>•Using software packages for quantitative and qualitative analysis</li> <li>•Use of internet resources for psychology</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>Self-Psychology in Indian and Western Thought Traditions</b>	<ul style="list-style-type: none"> <li>•Perspectives on study of self in Psychology</li> <li>•Other significant contributions to the understanding of self: Freud, Jung, Winnicott, Rogers, Self-psychology of Kohut</li> <li>•Culture and self <ul style="list-style-type: none"> <li>•Writings pertaining to Indian Identity</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>Psychiatric Perspective on Disaster Trauma</b>	<ul style="list-style-type: none"> <li>•Disaster trauma from the viewpoint of psychiatry</li> <li>•The diagnostic category of posttraumatic stress disorder (PTSD)</li> <li>•Predictors and correlates of PTSD <ul style="list-style-type: none"> <li>•A critical evaluation of PTSD and psychiatric perspective</li> </ul> </li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>PSYCHOLOGICAL ASSESMENT IN SELF PSYCHOLOGY AND COMPUTER APPLICATION (PRACTICIUM)</b>	<ul style="list-style-type: none"> <li>•Administration of Psychological test</li> <li>•Application of MS excel / SPSS in graphical representation of obtained psychological data</li> <li>•Use of computer in statistical analysis</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>PSYCHOLOGICAL ASSESMENT IN DISASTER TRAUMA(PRACTICIUM)</b>	<ul style="list-style-type: none"> <li>•Administration of Psychological tests</li> <li>•Report writing</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>RESEARCH METHODOLOGY &amp; COMPUTER APPLICATION: BASICS</b>	<ul style="list-style-type: none"> <li>•CONCEPT OF RESEARCH</li> <li>•SELECTION OF PROBLEM FOR RESEARCH</li> <li>•TOOLS OF RESEARCH <ul style="list-style-type: none"> <li>•SAMPLING</li> <li>•METHODS OF RESEARCH</li> <li>•WRITING RESEARCH REPORT <ul style="list-style-type: none"> <li>•Computer Fundamentals</li> <li>•Operating Systems</li> <li>•Office Software Package</li> </ul> </li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>Yoga based self development, Education, Therapy, OB &amp; Community work</b>	<ul style="list-style-type: none"> <li>•Integral yoga-based self-development</li> <li>•The aim of Integral Education <ul style="list-style-type: none"> <li>•Therapy and counseling</li> <li>•OB and social work</li> </ul> </li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>Positive Emotions and Health</b>	<ul style="list-style-type: none"> <li>●Foundations of positive emotions</li> <li>●Positive aspects of human existence</li> <li>●Indian perspective</li> <li>●Applications</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>Social Psychological Perspectives</b>	<ul style="list-style-type: none"> <li>●Introduction to Social Psychological Perspectives</li> <li>●Social Influence and Responding to Social Situations</li> <li>●Intergroup relations</li> <li>●Applications in real world</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 2ND SEMESTER	<b>Aspects of Yoga: Physiological and Ethical</b>	<ul style="list-style-type: none"> <li>●Asana and psycho-physiological mechanisms</li> <li>●Prānāyāma and psycho-physiological mechanisms</li> <li>●Applications of yogāsana and prānāyāma</li> <li>●Ethical aspects of yoga practice</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 2 ND SEMESTER	<b>Psychometric: Statistics</b>	<ul style="list-style-type: none"> <li>●Introduction to statistics</li> <li>●Significance testing</li> <li>●Introduction to analysis of variance</li> <li>●Assorted advanced techniques and non-parametric statistics</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 2 ND SEMESTER	<b>Forensic Psychology: Study of Criminal Behavior</b>	<ul style="list-style-type: none"> <li>●Forensic Psychology: Introduction and overview</li> <li>●Criminal and Investigative Psychology</li> <li>●Occupational stress in Police and investigation</li> <li>●Psychological impacts of violence and sexual offences</li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) 3RD SEMESTER	<b>INTRODUCTION TO CLINICAL PSYCHOLOGY</b>	<ul style="list-style-type: none"> <li>•Foundations <ul style="list-style-type: none"> <li>•Psychodynamic approach</li> <li>• Clinical assessment</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) 3RD SEMESTER	<b>Psychopathology</b>	<ul style="list-style-type: none"> <li>•Classification and models of psychopathology</li> <li>•Disorders of mood, anxiety, somatoform &amp; behavioural syndromes</li> <li>•Psychotic spectrum disorders</li> <li>•Disorders of infancy, childhood and adolescence</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) 3RD SEMESTER	<b>Post-Disaster Psycho-Social Rehabilitation</b>	<ul style="list-style-type: none"> <li>•What is psycho-social rehabilitation</li> <li>•Treatment and therapies addressing PTSD</li> <li>•Culture, community and relationship in post-disaster healing <ul style="list-style-type: none"> <li>•Towards a culture-sensitive psycho-social rehabilitation</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) 3RD SEMESTER	<b>Practical-1 Clinical Assessment</b>	<ul style="list-style-type: none"> <li>•Students will be provided demonstrations of psychodiagnostic procedures in the laboratory / mental health institutions providing specialized clinical services.</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) 3RD SEMESTER	<b>Practical-2 Advance counseling skills in Clinical Setting</b>	<ul style="list-style-type: none"> <li>•Report writing</li> <li>•Field report</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Intellectual property Rights</b>	<ul style="list-style-type: none"> <li>•Patents <ul style="list-style-type: none"> <li>•Meaning of Copyright</li> <li>•Subject matter of copyright.</li> </ul> </li> <li>• Literary works</li> <li>•Trademark</li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Positive Psychology in Clinical and Community Interventions</b>	<ul style="list-style-type: none"> <li>•Positive psychology in clinical and counselling work</li> <li>•The relationship between counseling psychology and positive psychology</li> <li>•Positive psychology in rehabilitation</li> <li>•Positive psychology in community interventions</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Aspects of Yoga - Psychological and Spiritual</b>	<ul style="list-style-type: none"> <li>•Dharana and dhyana</li> <li>•Application of yoga in mental health</li> <li>•Models of transformation through yoga</li> <li>•Applications of yoga in mental health</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Spirituality and Human development</b>	<ul style="list-style-type: none"> <li>•Foundation of spiritual development</li> <li>•Approaches to spiritual development</li> <li>•Development outcomes of spiritual development</li> <li>•Spirituality and development in adulthood</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Health psychology :The Patient in Treatment Setting</b>	<ul style="list-style-type: none"> <li>•Health assessments and promotion</li> <li>•Pain and its management</li> <li>•The patient's perspective</li> <li>•Using health services</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Psychometrics: Experimental Designs</b>	<ul style="list-style-type: none"> <li>•Conceptual foundations of experimental designs</li> <li>•Validity and ANOVA</li> <li>•Designs without repeated measures</li> <li>•Analysis of covariance and special designs</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY)- 3RD SEMESTER	<b>Tribal Studies</b>	<ul style="list-style-type: none"> <li>•Tribal Studies</li> <li>•Scheduled Tribe in India</li> <li>•Illiteracy</li> <li>•Welfare-Concept</li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Psychotherapy</b>	<ul style="list-style-type: none"> <li>•Foundations <ul style="list-style-type: none"> <li>•Psychodynamic therapies</li> <li>•Humanistic &amp; transpersonal therapies</li> <li>•Behavioural &amp; cognitive-behavioural therapies</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Neurobiological Assessment and Rehabilitation</b>	<ul style="list-style-type: none"> <li>• Neuropsychological Rehabilitation</li> <li>•Types of brain injury</li> <li>•Neuropsychological Assessment</li> <li>•Model of Brain-Behaviour Relationship</li> <li>•Test Batteries for Neuropsychological assessment</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>DISASTER MANAGEMENT-RELIFE , REHABILITATION &amp; RECONSTRUCTION</b>	<ul style="list-style-type: none"> <li>•Reconstruction and Rehabilitation as means of Development <ul style="list-style-type: none"> <li>•Dealing with victims Psychology</li> </ul> </li> <li>•Role of Various agencies in disaster Management and Development</li> <li>•) Long- term recovery</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Practical I PSYCHOTHERAPATIC SKILLS</b>	<ul style="list-style-type: none"> <li>• Behaviour therapy <ul style="list-style-type: none"> <li>•Cognitive Behaviour therapy</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Practical -2 NEURO BIOLOGICAL ASSESSMENT</b>	<ul style="list-style-type: none"> <li>• Administration of neuropsychological test</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Bhakti-Yoga - Emotions and Transformation of Personhood</b>	<ul style="list-style-type: none"> <li>•Emotional awareness and regulation</li> <li>•The transformation of personhood: Indian perspective on emotion <ul style="list-style-type: none"> <li>•Bhakti rasa and the transformation of self-other and the society</li> <li>•Meditation</li> </ul> </li> <li>and emotional transformation</li> </ul>	✓	✓	✓	✓

M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Health Psychology :Management of Illness</b>	<ul style="list-style-type: none"> <li>•Psychoneuroimmunology, AIDS and cancer</li> <li>•Cardiovascular disease</li> <li>•Reproductive health</li> <li>•Obesity and weight control</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Positive Psychology in Day-to-Day Livin</b>	<ul style="list-style-type: none"> <li>•Historical and philosophical foundations</li> <li>•Good life-values and choices</li> <li>•In pursuit of happiness and well-being</li> <li>•Lifestyle practices for health and well-being</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>The Science of Psychological Assessment</b>	<ul style="list-style-type: none"> <li>•Perspectives on psychometrics</li> <li>•Process of test construction</li> <li>•Standardization of tests</li> <li>•Bias in testing and assessment</li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Transformation , Healing and Wellness</b>	<ul style="list-style-type: none"> <li>•Altered states, transformation and healing <ul style="list-style-type: none"> <li>•Transpersonal perspectives on therapy</li> <li>•Specific therapeutic approaches - 1</li> <li>•Specific therapeutic approaches – 2</li> </ul> </li> </ul>	✓	✓	✓	✓
M.A (PSYCHOLOGY) - 4TH SEMESTER	<b>Psychological Distress and Counseling in Educational Settings</b>	<ul style="list-style-type: none"> <li>•The nature of psychological vulnerability and distress in schools</li> <li>•Childhood disorders and counseling</li> <li>•Schooling, mental health and society</li> <li>•Educational futures and career counseling</li> </ul>	✓	✓	✓	✓

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